

the future of the planet
starts on our streets



Windsor Street ♦ L8 ♦ Liverpool ♦ United Kingdom



THE 100 YEAR STREET

News



Welcome

The 100 Year Street began on Windsor Street in Liverpool L8 with the planting of apple trees in 2010 at the Grapes Community Food Garden, by Squash Liverpool C.I.C. These apple trees, like humans, if well cared for, can live for 100 years, and that is just what we at Squash want to see. We mark each calendar with 8-Fold Year celebrations rooted in folk traditions that connect us through land-based rituals and encourage neighbours and collaborators to stay grounded in the present while growing towards the future.

While political leaders turn over election cycles and the seasons change on annual rotation, our lives unfold with a flurry of activity, often taking us out of the present to what fire needs to be put out first. It is often the urgency of our daily lives and the times we are living in that prevent us from long-term thinking and building the world we want to live in. We all must be called to the greatest crises of our time; the deep inequality of our species and the collapse of our shared home, planet Earth.

Climate change is here, but how we adapt to it, how we build a more just world with our neighbours and how we create the relationships we can rely on, no matter the storms that come, requires tender collaboration and care. By tending to our street, our gardens and our communities throughout the year, we set into motion the network of care that can hold us. The Earth transforms in the seasons. How can we begin to transform our neighbourhoods as well?

Our 100 year street vision is a framework and an invitation to:

- + connect joined up action
- + explore future thinking
- + create space for possibility
- + to affirm long-term commitment
- + imagine beyond our lifetimes

Over the last decade or so, Squash has created a space where belonging sits at the center of our work. From artist workshops to free soup, from plant knowledge to solidarity fundraisers, we are attempting to build the kind of relationships that people & places need most. How would our neighbourhoods, cities and countries transform if we began to put long-term thinking at the heart of how we come together, what we decide and what we make happen?

100 Year Street News is a collaborative publication to keep the fires of hope and possibility lit on Windsor Street. Within these pages, you will find artworks, recipes and pieces of hope from our network of associate artists, cooks, gardeners and community members who came along to this year's Autumn Equinox celebration. This paper exists to remind us where we've been, to build our shared narratives together, and to dream of what's to come.

Time & Space to Play



The Equinox Weekender calls political joy
in the fields of farmers, in the heart of the meadows
we are the caretakers of our lands,
when we gift it the love it deserves,
it is an eternal friendship,
wishing we never left

Amina Atiq
@aminaatiqartist



Saving seeds keeps varieties alive, helps seeds adapt to thrive in the local environment, connects growers and saves money! Squash established the Toxteth Seed Library over 10 years ago and have been busy saving seeds on Windsor Street at the Grapes Community Food Garden, the Seed Library Garden and the Squash Café Garden. Each year we hold Liverpool's Seed Share in February and Seed Save in September where local growers swap & share their seeds and help clean, pack and stock the library. The next Seed Share takes place on Saturday 22nd February 11am – 2pm.



Seed Packet Artwork by Angelica Vanasse



FRUIT

Apples, blackberries, blackcurrants, cherries, figs, goji berries, gooseberries, grapes, lemons, limes, melons, peaches, pears, plums, raspberries, redcurrants, rhubarb, strawberries, tomatoes

VEGETABLES

Acocha, artichokes, aubergines, beans, beetroot, cabbages, carrots, cauliflowers, celeriac, celery leaf, chicory, chilli peppers, courgettes, cucumbers, fennel, garlic, kale, kohlrabi, leeks, lettuce, marrows, mangetout, mizuna, mustard greens, oca, okra, olives, onions, pakchoi, peas, potatoes, pumpkins, purple sprouting broccoli, radishes, rainbow chard, rocket, shallots, spinach, spring onions, many types of squash, sweet peppers, sweetcorn, tatsoi, turnips, yacon

HERBS

Aloe vera, basil, bay, bergamot, blackberry leaf, blackthorn, borage, chamomile, chicory, chives, clary sage, comfrey, coriander, dandelion, dill, dock, evening primrose, fennel herb, feverfew, hawthorn, hops, lavender, lemon balm, lemon grass, lemon verbena, lovage, marjoram, many types of mint, nasturtium, nettles, parsley, perilla, raspberry leaf, rosemary, rue, sage, salad burnet, savoury, sea kale, sorrel, tarragon, thyme, winter purslane, wormwood

GROWING WILD

Buddleia, buttercups, clover, columbine, cowslips, crab apples, daisies, dogrose, elderberries, elderflowers, evening primrose, feverfew, golden rod, knapweed, mullein, nettle, plantain, ragged robin, red campions, rosehips, scabious, scentless mayweed, selfheal, tansy, teasels, three-cornered leeks, vetch, viper's bugloss, wild carrot, wild garlic, yarrow

EDIBLE FLOWERS

Amaranth, borage, cornflowers, dandelions, marigolds,
nasturtiums, sunflowers, violas

FLOWERS

Alliums, corncockles, cosmos, crocus, daffodils, echiums, forget me nots,
foxgloves, gladioli, hollyhocks, hyacinths, indigo, lobelias, love in the mist, mallow,
muscaris, ox-eyed daisies, pansies, poppies, primroses, rose champions, roses,
snowdrops, stocks, sweet peas, sweet williams, tulips, woad

Autumn Equinox

Over the Autumn Equinox weekend (the eve of the Labour Party conference & the first national march for Palestine in Liverpool), we welcomed our community to build more hope by sharing the harvest and playing out on Windsor Street. Activities included pavement drawing, d-jing & dancing, seed-saving, making immune-boosting tonics, street sofa & fireside chats, 'Digesting Politics', mindful crafting, 'Trustrastructure', adding to this '100 Year Street News' paper, a ritual journey walk, eating soup & cake, and our annual Harvest Auction!



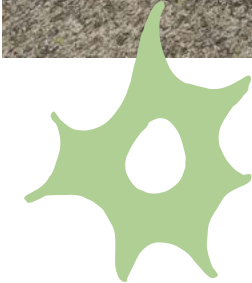
Healing Garden

We told stories around the fire, drank herb tea, pressed apple juice and gave thanks for the harvest.
With Jackie, Becky & the Grapes Garden volunteers



Digesting Politics

We chatted about the politics of food over a bowl of soup. Digesting Politics is an initiative designed by Keep it Complex / Make it Clear
With Dee, Julie, Paul & Sean



Grounding Ceremony

We welcomed in the Equinox with altar making, singing & dancing.
With Anita, Dee, Ithalia & Maxine



Mindful Crafting

We made felt leaves and other nature shapes with recycled materials
With Pauline, Jazmin & Tamasine

Community DJ-ing

Visitors brought their own vinyl and great tunes were played.
With Isaac & Dee



Windsor Street Ritual Walk

A rainy walk together along the 100-Year Street from spring to oak.
With Amanda, Anita, Clare, Ithalia & Maxine

Building Trustfrastructure*

SQUASH has been collaborating with the queer design duo Christopher Gerhardt and Corbin LaMont of *Alternative Infrastructure* since they begun their graduate work at Central Saint Martins (The University of The Arts London) in MA in Narrative Environments. The Autumn Equinox was their fifth visit with us where they brought their collective imagination street labs to Windsor Street.

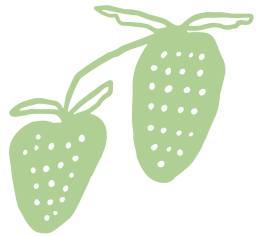
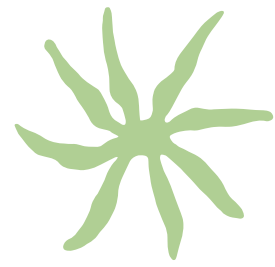
When you talk to people about the state of the world, you find fear, anger, disappointment, scarcity and desperation. While we make spaces for grief and solidarity building, we must also honour the future by enacting hopeful visions now. When you ask people what they desire, our shared future vision is one worth working for. Trustfrastructure is about creating spaces to web our imaginations together. After reading the responses from our sessions on Windsor Street, believing in a more equitable world is possible.

***a term for trust-building social infrastructure coined by Christopher Gerhardt & Corbin LaMont**



"Share a piece of hope for Windsor Street..."

A collection of responses from Street Sessions during the Autumn Equinox Weekender



**Go slow
Less Racing
Everything changes
Don't hold onto the past
Look after the wildlife**

Peter (80 years old)



Hope tends to be viewed as a floaty, delicate thing – but in actuality, hope is solid, it's tangible – Hope is hardcore!
(like rocks, pebbles, stones)
Keep connecting, keep communicating, keep Caring!!!

*This is the reminder that things can get better.
That we can and should be growing as people.
That we can survive and make things better.
This is Hope.*



KINDER .FAIRER.
MORE EQUAL.
SOCIAL ECONOMY
☺

**"Share a piece of hope
for Windsor Street..."**
A collection of responses from
Street Sessions during the
Autumn Equinox Weekender



*I hope to see the
end of all the
darkness in the world.*



Artwork by Jason Hughes

**a hope to see the end of all the darkness
for the future is ours to save.**

Amina Atiq
@aminaatiqartist





"Share a piece of hope
for Windsor Street..."
A collection of responses from
Street Sessions during the
Autumn Equinox Weekender

Freedom +
liberation
for all from
Windsor street
to Gaza ♡

Windsor Street
Liverpool
no Home Office
freedom of movement
no poverty
Global
Free Palestine
Free Congo
Free Sudan
climate
justice

♡ ♡ ♡ ♡
HOPE

World
Healing

FAITH
♡ ♡ ♡ ♡

Hope for Justice
Hope for realisations.

Hope for unity
Hope for libations.

Hope for Community
Hope for nature.

Hope for Love
Hope for new ventures.

I Come with hope of
Love.
AS abundant AS skies
above.



Street Singing with Carl Le Monde

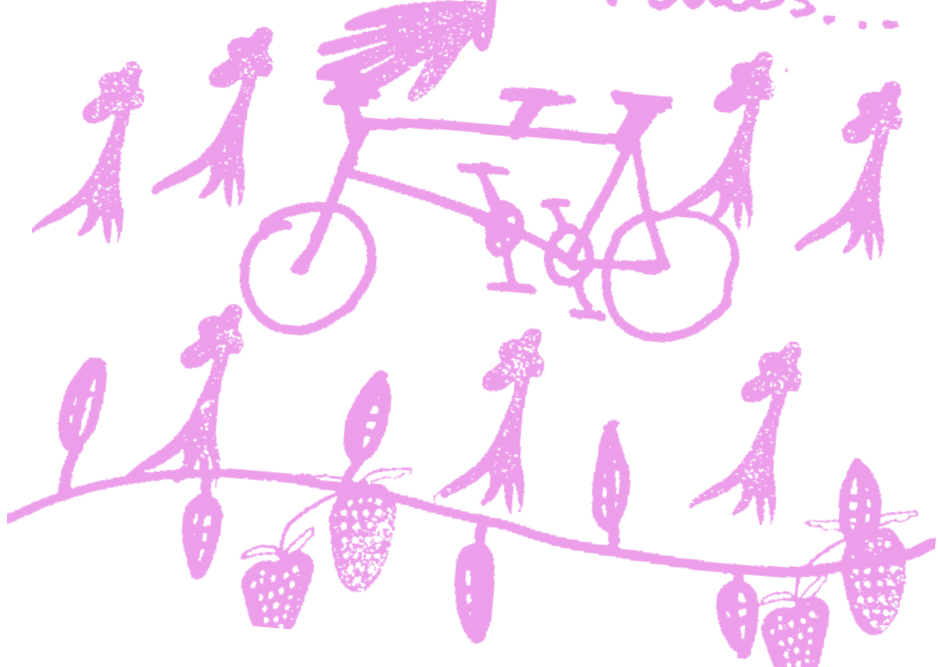


Community Spirit :-
Come together & share
stories to support
each other. Celebrating
diversity and finding
joy & inspiration from
others.



I hope for 100 years of
people enjoying Squash as
Much as I do!

Also More Cycle Routes...



"Share a piece of hope for Windsor Street..."

A collection of responses from
Street Sessions during the
Autumn Equinox Weekender



Grow, Harvest & Share

Shared at the Autumn Equinox Grounding Ceremony

Grow, Harvest, Share

Simple processes around here

Saving and sowing seeds

Love, time and attention is all we need

Some water and sun, easily done,

but it's here that we come

To Grow, Harvest, Share

Properly propagating permaculture processes

Learning of parts, the history of our green-fingered predecessors

Looking back yet also forward from the moment we are in

It's here any growth can begin

Grow, Harvest, Share

Simple processes around here

Seasonal changes

Finally autumn is here

Crispy crunch along with the withering wetness

whatever the weather we're all here together

sharing the fruits of our labour in which these branches bare

with roots what run like rivers below us everywhere

Grow, Harvest, Share

Simple processes around here

herbs that heal

Words that feel real

like the food we peel

to prepare our meals

healing the whole

Mind, body and soul

I say that it's simple but it's merely a symbol

Progression will occur

It's time To Grow, Harvest, Share

Poem by Anita Welsh

There's always something blooming
or cooking

Someone chatting - old and new
faces

always something to hear,
something to learn,
someone to meet.

So even on days when the way is long,
we know it will be worth coming,
because once we're here,
we're part of the family.

"Share a piece of hope
for Windsor Street..."

A collection of responses from
Street Sessions during the
Autumn Equinox Weekender

Back
PEOPLE TO TAKE CONTROL
OF THEIR LAND!
THEIR ASSETS!
THEIR IDEAS!



Echoes stay of
cobbled stones
history beneath the
feet of those who pass,
rich spirit, a pulse of
life, a memory
we treasure. 100



years we dream
a touch of
love, we
pray in hope



Hope for;

- end to poverty
- inequality
- violence & war

More of;

- love & respect
- nurture the Earth
- diverse community

Maggie (71)

I would

LOVE

Quince

Trees to grow

on Windsor Street.

Love

Immune-Boosting Tonics For Activists

In the garden on the Autumn Equinox a group of activists and allies made fire cider with cook, artist & community food activist Annie Levy. We talked about what activism means to us and shared ideas to get us through the colder months. Bottles of the fire cider are being distributed to local community activists who are holding multiple injustices to account.

Annie Levy
@kitchencounterculture



Fire Cider

... a fiery tonic packed with herbs and spices, taken in winter to ward off colds and flu.

INGREDIENTS

- A big clean 3 litre jar with a lid
 - 1 large onion chunky chopped
 - 5 – 10 garlic cloves finely chopped
 - A big chunk of root ginger chopped or grated
 - 2-4 fresh or dried red chillis
 - A teaspoon of cayenne pepper
 - 20 black peppercorns or 1 teaspoon of ground black pepper
 - PLUS
 - 3-4 tablespoons of raw honey
 - 2.5 litres apple cider vinegar (depending on size of the jar)
- Other ingredients to add if you have them:
- A few pieces of fresh turmeric root or a dessert spoon of powdered turmeric
 - A small chunk of horseradish root, grated
 - Several sprigs of fresh rosemary
 - Nettle seeds
 - Nasturtium or calendula flowers
 - A cinnamon stick



Put all the ingredients in the jar. Add in the honey. then cover over with apple cider vinegar by about two inches. Turn the jar over a few times to mix up. Store in a dark, cool place for 3 or 4 weeks, giving it a stir every few days. To use, strain through a fine sieve or fine cloth, squeezing all the juice out. Decant into smaller bottles or jars and give a few away to friends. To drink, add a teaspoon to hot water with more honey to taste. It will be pokey and will do you good.

This is a loose, folk recipe adapted by Annie & Clare from many different recipes and goes at it. The point is to put a lot of potent, pungent ingredients in, to enliven your immune system.



Squash stands with Palestine & the people of Gaza

Squash stands with Palestine & the people of Gaza. We are devastated and horrified by what is unfolding in this genocidal living nightmare. We call for an immediate & permanent ceasefire.

We oppose anti-Semitism & Islamophobia. We abhor the attacks by Hamas on Israeli citizens. We applaud the multitude of people speaking out against the disproportionate response of the Israeli government against the people of Gaza.

This is unjustifiable collective punishment of the Palestinian people, following decades of occupation & oppression. This humanitarian catastrophe will see traumatic ramifications for decades to come.

We are staggered by the callous inaction of the UK Government that is aiding this genocide. Shame on you. Not in our name.

At Squash we offer spaces to come together, to support each other, to offer solidarity & wellbeing, to be in silence, in grief and in hope, now, in the coming weeks, and beyond. Please get in touch with any ideas and to use these spaces for solidarity and conversations.

This Winter Solstice and Christmas we are collecting donations for Medical Aid for Palestinians. Please get in touch to donate.

With love and hope from all at Squash.



**CALL FOR A
PERMANENT
CEASEFIRE**



Poster by
Corbin LaMont

SQUASH Patron Andi Oliver

It was great to welcome our patron; chef & broadcaster Andi Oliver for her first Autumn Equinox at Squash. Andi led a beautiful wellbeing conversation with local women food entrepreneurs, sharing her experiences of self nurture.

She also joined in our annual Harvest Auction, a raucous evening full of laughter which raised over £4000 for Habibti Liverpool; the amazing local women who raise awareness and resources for Al Sabeen Children's Hospital in Sanaa, Yemen and Squash's 'Soup-it-Forward' initiative. and Squash's 'Soup-it-Forward' initiative!

We made cauliflower & potato curry and coconut & lime cheesecake from Andi's cookbook 'The Pepperpot Diaries'. Get in touch if you fancy a copy of these delicious recipes.



Dreams + Hopes

The community
around Squash

heals and
lives improve.



Thank you to everyone who came out to support the Harvest Auction... a special night of solidarity and togetherness



Saba Ahmed of Habibti Liverpool in conversation with Andi Oliver



Community ‘Micro-Farm’

Squash have launched a crowdfunder as part of Liverpool City Region’s Community Environment Fund to help us make a small-scale, high-yield, sustainably-minded urban ‘micro-farm’ on Windsor Street to increase fresh produce and food growing skills to improve our community’s health, wealth & happiness! For more information and to pledge financial support whether £5 or whatever you can afford, please visit link below:

spacehive.com/squashcommunitymicrofarm



Autumn Equinox Contributors

Thank you to Windsor Street. To the spring in the cathedral gardens. To the big oak in Princes Park. To the apple trees in the Grapes garden and to all that grows in and around here.

Thank you to the many community members aged from 1-80 years young who came out to play including street dancers, soup slurpers, pavement drawers, community DJ’s, cheesecake eaters, singers, hoppers and dreamers.

Thank you to the Squash team of volunteers, staff, board members and associate artists:

Amanda Q, Amanda M, Amina, Andi, Angelica, Anita, Annie, Becky, Carl, Caspar, Chris, Christiana, Christopher, Clare, Corbin, Diane, Edi, Ellen, Eva, Fatima, Gary, Hassona, Hellen, Isaac, Ithalia, Jake, Jazmin, Jason, Jennifer, Jordan, Julie, Kelly, Kim, Liam, Lis, Louise, Luther, Jackie, Tamasine, Marlene, Mary, Maxine, Mel, Michelle, Mina, Mithila, Mo, Noreen, Pat, Pauline, Paul, Rose, Ruby, Saba, Sammi, Sally, Sally-Anne, Sean, Sue, Paul, and Tom.

Special thanks to Deidre ‘Dee’ Woods

Thank you to the Grapes Community Garden Volunteers

Thanks to all who donated to and bid on the Harvest Auction!

Thank you to our wonderful partner Habibti Liverpool @habibti_liverpool

Thank you to Keep it Complex / Make it Clear for sharing their Digesting Politics model

Equinox Weekender Curated By Clare Owens & Becky Vipond
100 Year St News Designed By Corbin LaMont

SQUASH Vision Statement

Ours is a 100-year vision, inspired by nature; we are actively transforming our Windsor Street Neighbourhood into a people-powered place that is known throughout the world for being a playful, resilient and loving community where everybody thrives!



Upcoming events at SQUASH

Free / by donation. Everybody is welcome!

WINTER SOLSTICE Saturday 21st December 2-4pm
Join us on the shortest day for calm, fire and rituals.

SOLIDARITY CHRISTMAS DAY Wednesday 25th December 12 noon-3pm
Come by for tasty food, festive treats and warming drinks! Plus music and games! Raising funds for Habibti Liverpool & Medical Aid for Palestinians.

WASSAIL Wednesday 15th January 2025 11am-1pm
Come celebrate the apple trees of Windsor Street.

IMBOLC Saturday 1st February 2025 11-1pm
Celebrate Imbolc, the Celtic marking of the coming of spring.

Photos by

Mina Bihi @adjustmentbureau
Christopher Gerhardt @christophergerhardt
Abdullrhman Hassona @ahassona1

The Equinox Weekender was part of ‘Seeds of Hope’: a series of hopeful happenings that took place all across the UK in autumn 2024, with community growing and nature connection at their heart. With support from Joseph Rowntree Foundation events took place from Inverness to Hastings via Liverpool, Powys, Bristol and beyond – reflecting the hope and solidarity we know exists in communities everywhere, and inviting all of us to get behind it. Amid concern about the rise of far-right populism and widespread feelings of fatalism, these celebrations of amazing people and communities growing hope and building belief in better futures are exactly what we need right now.

